



Spring Branch Taekwondo
8103 Long Point Rd. | (832) 894-1667

Class Schedule Effective 8-1-17

Pre-School Martial Arts					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Eagles (Ages 3-5) All Ranks 4:10pm-4:40pm	Little Eagles (Ages 3-5) All Ranks 4:55pm-5:25pm	Little Eagles (Ages 3-5) All Ranks 4:10pm-4:40pm	Little Eagles (Ages 3-5) All Ranks 4:55pm-5:25pm		Little Eagles (Ages 3-5) All Ranks 9:00am-9:30am
Martial Arts Classes					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Children's Class (Ages 6-12) All Ranks 4:10pm-4:55pm		Children's Class (Ages 6-12) All Ranks 4:10pm-4:55pm		
Children's Class (Ages 6-12) All Ranks 4:40pm-5:25pm		Children's Class (Ages 6-12) All Ranks 4:40pm-5:25pm		Children & Family Class (All Ages) 4:40pm-5:25pm	Children's Class (Ages 6-12) All Ranks 9:30am-10:15am
Children & Family Class (All Ages) All Ranks 5:25pm-6:15pm	Team Training 5:40pm-6:15pm	Children & Family Class (All Ages) All Ranks 5:25pm-6:15pm	Black Belts Only 5:40pm-6:15pm	Team Training 5:25pm-6:00pm	
Adult Class (Ages 13 and Up) All Ranks 6:15pm-7:00pm	Adult Class (Ages 13 and Up) All Ranks 6:15pm-7:00pm	Open Sparring 6:15pm-7:00pm	Adult Class (Ages 13 and Up) All Ranks 6:15pm-7:00pm	Open Sparring 6:00pm-7:00pm	
Fitness					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Cardio-Fit Kickboxing COMING SOON!		Cardio-Fit Kickboxing COMING SOON!		

**Text (832) 894-1667 For 6 FREE Weeks Of
Martial Arts Classes And A FREE Uniform!**